Wound, Ostomy, Incontinence Programs:
Wound Care, Ostomy Care, Incontinence, Negative Pressure Therapy, Anodyne Therapy

Wound Care Management

At Home Healthcare has a wound care specialty program managed by registered nurses certified in wound, ostomy, and continence management. Our staff of Certified Wound, Ostomy, Continence Nurse (CWOCNs), are available for consultation, evaluation, and management of complex, non-healing, chronic wounds. Our clinicians are experienced in the management of chronic ulcers, including venous, arterial and diabetic, as well as traumatic wounds and infected wounds. Treatment recommendations are provided to the physician after a comprehensive evaluation of the patient’s needs. This program incorporates evidence-based guidelines and advanced treatment modalities to:

- Stimulate wound healing
- Reduce healthcare costs
- Enhance patient satisfaction
- Improve clinical outcomes

Bedside conservative sharp debridement is available with physician’s order. This program is available for adult and pediatric patients.

What does research say?
Hiscer et al. (2006) found that incorporating the clinical expertise of the CWOCN into the care plan development for an at-risk patient can greatly reduce the prevalence of pressure ulcers and improve clinical outcomes in patients with chronic wounds.


CWOCN incorporate an evidence-based, systemic approach to wound management which improves wound healing, reduces unnecessary health care costs, and promotes patient satisfaction (Moore, 2004).

Cardiac Services

At Home Healthcare’s heart failure program was designed to improve clinical outcomes and reduce recurrent hospitalizations in patients suffering from chronic heart failure. The program incorporates the use of printed education guidelines and verbal coaching to improve the patient’s ability to manage their disease process. Education covers:

- Environmental Modifications
- Exercise
- Therapy
- Medication Management
- Prevention of Acute Exacerbation
- Dietary Management

Development and implementation of the program is achieved through the use of a multidisciplinary team approach including specially trained nurses, physical therapists, occupational therapists, and home health aides. Bedside ECG (electro-cardiography) is available to maximize assessment of the patient’s cardiovascular status.

What does research say?
Patient education designed to improve the understanding of heart failure and the development of self-care abilities are both key points in the care of the patient and improves treatment adherence, maintains clinical stability, and reduces emergent care and acute care hospitalization rates (Hamner, 2005).

At Home Healthcare provides comprehensive diabetes care for patients of all ages, regardless the type of diabetes (I or II). Our nursing staff works with the patient’s physician to develop an individualized treatment plan to meet the needs of the patient, promote treatment compliance, reduce unnecessary emergency room visits and hospitalizations, and reduce complications. Patient education is provided by the licensed nurse with both written and verbal coaching methods used. Patients are instructed in disease management to include:

• An overview of Diabetes  
• Signs and symptoms of Hypoglycemia and Hyperglycemia  
• Nutrition  
• Blood Glucose sampling  
• Ketone testing  
• Skin care and daily foot assessment  
• Medication management

Physical therapy may be recommended to establish a home exercise program for the patient. Necessary supplies including glucose monitors and diabetic testing supplies will be arranged by our Case Management Department.
Rehabilitation Programs:
Stroke Rehabilitation, Joint Replacement, Post-Surgical Spinal, HomeSight® – Low Vision, & Fall Prevention

Rehabilitation Services

Stroke Rehabilitation:

At Home Healthcare offers comprehensive rehabilitation services for stroke patients to improve or restore function, improve physical independence, and decrease the risk of subsequent attacks. A multidisciplinary team including physical therapists, occupational therapists, and speech language pathologists, develop a treatment plan to address the functional deficits of the patient while licensed nurses provide patient education, through written documents and verbal coaching, on the management and prevention of strokes. Comprehensive education includes a discussion of:

- Types of stroke
- Risk factors
- Symptoms
- Long-term effects
- Rehabilitation
- Home modifications
- Medication management
- Complications
- Prevention

Call 1-877 MY NURSE (1-877-696-8773) www.AtHomeHealth.org