

# At Home Healthcare

## **Anodyne Therapy**

(Infrared Light Therapy for Pain and Improved Sensation)

### *Do You Have...Did You Know...*

- Have you had diabetes more than five years?
- Do you experience numbness, tingling or pain in your feet or legs?
- When you walk, does it feel like you are walking on air or a water-filled cushion?
- Do you have problems with balance due to numbness in your feet or legs?
- Have you had a wound on your feet that healed very slowly?
- Has your doctor or diabetic educator ever told you that you have peripheral neuropathy?

**...then Anodyne therapy may be beneficial to you.**

For more information, or to schedule an in-service, contact us at:

**1-877-MY NURSE (1-877-696-8773)**

[www.athomehealth.org](http://www.athomehealth.org)

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