

Does Your Patient Qualify For Home Health Services?

CMS and Medicaid Home Health Guidelines

The patient will qualify for services if he/she meets the following criteria:

	Medicare Primary	Medicaid Primary	Private Insurance
• Is willing and able to participate in their care and management	◆	◆	
• Has the need for intermittent skilled care services including skilled nursing, physical therapy, speech therapy, or a continued need for occupational therapy	◆		
• Is homebound. To be considered homebound, the patient must demonstrate a taxing effort to leave home unassisted and consequently, leaving home unassisted is unsafe for the patient. The patient may leave home infrequently, for periods of short duration, and/or to receive medical care and still be able to receive home health services.	◆		
• Remains under the direct care of a physician who has authorized home health services	◆		
• Has seen the physician or non-physician practitioner (NPP) in the last 90 days or will see the physician or NPP in the next 30 days	◆		
• Has the need for intermittent skilled care services including skilled nursing, physical therapy, or speech therapy		◆	
• Has a new or exacerbated disease process		◆	
• Has seen the physician during the last 30 days		◆	
• Remains under the care of the physician authorizing services		◆	
<i>Medicaid patients do not need to be homebound to receive services.</i>			
• Has the need for one or more skilled services including skilled nursing or rehabilitative services			◆
• Remains under the care of the physician			◆
• Has the ability to afford plan identified coinsurance amounts			◆
• Meets additional criteria based upon the payer source			◆
<i>Certain insurance policies require that the patient be homebound for services while others do not. Please contact us for additional information related to criteria established by specific insurance policies.</i>			

Skilled Services

- Observation and assessment
- Teaching and training related to medication regimens, disease process, and safety
- Rehabilitation services
- Sterile procedures
- Intravenous care and management
- Injections
- Complex wound care

Non-skilled Services

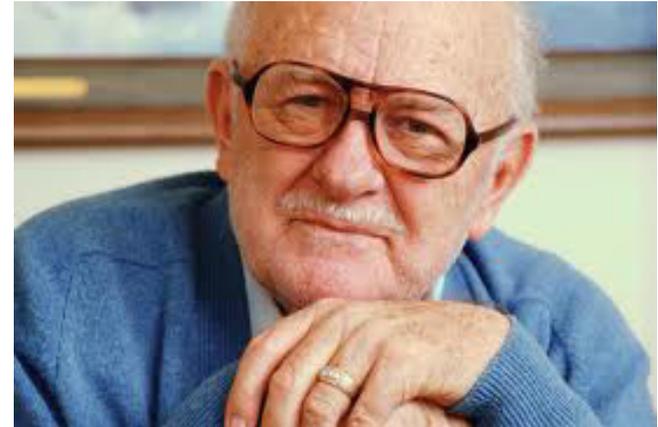
- Home Health Aids
- Medical Social Services
- Venipunctures
- Medication Set-up
- Personal care assistance



Helpful Hints for Identifying “At Risk Patients” who might benefit from Home Health Services:

Ask Yourself, does your Patient:

- Understand his/her diagnosis?
- Understand what his/her disease(s) process is and how to manage it?
- Make frequent visits or phone calls to the doctor’s office?
- Have a new or an exacerbating diagnosis?
- Have a history of falls, balance, or other safety issues?
- Live alone, with or without a close-by relative?
- Have new or recent medication changes?
- Have multiple medications to manage?
- Required emergency care recently?
- Have a recent or multiple hospitalizations?
- Have shortness of breath, even while sitting?
- Have an unusual weight change lately; gain or loss?



Home Health is helpful to patients who have:

- A need for IV Therapy or injectables
- Wound or Ostomy care
- Catheter care
- Cardiac & Pulmonary monitoring needs
- A need for teaching of diagnosis and medication management
- A need for pain management
- A need for Rehabilitation via. Speech, Occupational or Physical Therapy

Of course, all Home Health Patients must be “Home Bound:” however this does not mean that the patient cannot leave his/her home at all. If in doubt, contact our specially trained staff to discuss home bound specifics by calling 1-877 MY NURSE (1-877-696-8773).



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www.AtHomeHealth.org